

CURRICULUM VITAE

Eli Addison Waxler

Claremont Graduate University

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EDUCATION

Doctor of Philosophy in Developmental Psychology	2021 – Present
CLAREMONT GRADUATE UNIVERSITY, Claremont, CA	
- Advisor: Dr. Jeanne Nakamura, Ph.D.	
Master of Arts in Developmental Psychology	2021 – 2024
CLAREMONT GRADUATE UNIVERSITY, Claremont, CA	
- Advisor: Dr. Jeanne Nakamura, Ph.D.	
Bachelor of Arts in Psychology	2015 – 2019
BRANDEIS UNIVERSITY, Waltham, MA	

AWARDS AND HONORS

2025 - 2026	Crossing Boundaries Research Award (\$10,000) Co-PIs: Elena Dennis, Gavriella Rubin
2024 - 2025	Richter Course Conversion Award (\$1000)
2024	7C's Psi Chi Research Symposium (Graduate Research Award, \$300)
2023 - 2024	DBOS Graduate Teaching Assistant of the Year
2023	7C's Psi Chi Research Symposium (1 st place, \$250)
2021 - present	CGU Division of Behavioral and Organizational Sciences Fellowship
2021 - present	CGU Blaisdell Fellowship

RESEARCH EXPERIENCE

2024 - present	Quality of Life Research Center - Lab Manager - Support day to day functioning of research projects focused on positive development and well-being
2022 - 2024	Pacific Psychological Associates - Resident Research Associate - Design and conducts analyses assessing effectiveness of psychological assessments in diagnosing a variety of mental and cognitive health disorders
2021 - 2024	Quality of Life Research Center - Research Assistant - Contributing to the development and implementation of a variety of research projects focused on positive development and well-being

TEACHING EXPERIENCE

- 2025 – present Pasadena City College – Division of Social Sciences
- Adjunct Faculty – Statistics for the Behavioral and Social Sciences
- 2025 – present California State University, Northridge (CSUN) - Department of Child and Adolescent Development
- Adjunct Faculty – Foundations of Child and Adolescent Development
- 2024 – present Claremont Mckenna College
- Undergraduate Teaching Assistant – Research Methods
- 2022 – present Claremont Graduate University
- Graduate Teaching Assistant – Foundations of Positive Psychology
- Graduate Teaching Assistant – Theories of Lifespan Development

PUBLICATIONS

- Waxler, E. A.** (2025) Examining the link between eudaimonic and hedonic well-being over time using the experience sampling method. [Manuscript in preparation]. *Journal of Happiness Studies*.
- Waxler, E. A.**, Nakamura, J., & Kim, Y. (2025). Exploring the intra-individual coexistence and configuration of harmonious and obsessive passion across a variety of domains [Manuscript in review]. *Journal of Personality and Social Psychology*.
- Waxler, E. A.** (2025). Positive psychology is uniquely positioned to harness the power of citizen science [Manuscript in preparation]. *Citizen Science: Theory and Practice*.
- Waxler, E. A.** (2025). Identity reconsideration across the lifespan as a function of selection, optimization, and compensation [Manuscript accepted]. *Human Development*.
- Waxler, E. A.**, & Nakamura, J. (2025). Momentary feeling and flowing: Exploring feelings of personal expressiveness and flow during daily activities using the experience sampling method [Manuscript in review]. *The Journal of Positive Psychology*
- Waxler, E. A.** (2024). When the going gets tough, do the tough really get going? Identity reconsideration in the face of activity participation threat. *Identity: An International Journal of Theory and Research*, 1–16. <https://doi.org/10.1080/15283488.2024.2437030>

PRESENTATIONS

CONFERENCE PRESENTATIONS

Waxler, E. A. (2025, May). *Momentary eudaimonic experience: Insights into personal expressiveness and flow during daily activities through the experience sampling method*. Presented at the Western Psychological Association Convention. Las Vega, NV.

Waxler, E. A. (2025, April). *Feeling and functioning well: How self-expressive activities fuel happiness in real-time*. Presented at 7C's Psi Chi Research Symposium. Claremont, CA.

Waxler, E. A., & Kearns, L. (2025, April). *Erik Erikson as a positive psychologist: Bridging developmental theory and human flourishing*. Paper presented at the Western Positive Psychology Association Conference, Sacramento, CA.

Waxler, E. A. (2024, July). *Navigating the unknown and retaining who we are: An exploration of threat to participation in personally expressive activities*. Paper presented at the European Conference on Positive Psychology, Innsbruck, Austria.

Waxler, E. A., Harlow, L., Memmolo, F., & Trunnell, T. (2024, April). *Positive change: Perspectives across multiple domains*. Paper presented at the 7Cs Psi Chi Research Symposium, Claremont, CA.

Waxler, E. A., Boeder, J., & Nakamura, J. (2023, April). *The influence of harmonious and obsessive passion on in-the-moment affective experience*. Paper presented at the Western Psychological Association Convention, Riverside, CA.

Waxler, E. A. (2023, April). *From athlete to alumni: A qualitative exploration of collegiate student athlete positive transitions*. Paper presented at the 7Cs Psi Chi Research Symposium, Claremont, CA.

Sarlak, B., Dunbar, E., **Waxler, E. A.**, & Barba, A. (2023, March). *Examining the utility of auditory processing tests in neuropsychology*. Paper presented at the International Convention of Psychological Science, Brussels, Belgium.

Dunbar, E., Sarlak, B., **Waxler, E. A.**, & Barba, A. (2023, March). *The psychological profile of authoritarian leaders*. Paper presented at the International Convention of Psychological Science, Brussels, Belgium.

PROFESSIONAL AFFILIATIONS

2021 - present Psi Chi National Honors Society, *Member* CGU

SERVICE TO THE PROFESSION

UNIVERSITY

2021 - 2023 Claremont Graduate University, Positive PsyDays Fellow

INDUSTRY

2021 – 2024 Pacific Psychological Associates, Psychometrist

2023 – present Sports Performance Knowledge Network, Resource and Research Manager

2023 – present Statistics and Research Methods Consultant

SKILLS AND RELEVANT COURSEWORK

Technical: SPSS Statistics, R, Qualtrics, Canvas (learning module platform), Sakai (learning module platform)

Professional: qualitative and quantitative research methods and analysis; trained in conducting ethically sound human-subjects research; research process, design, implementation, data collection, data analysis, theoretical modeling, presentation fluency; academic writing; data storytelling and visualization

Graduate Level Course Work: Justice-Centered Frameworks for Education, Adolescent Development, Adult Development, Applied Developmental Psychology, Qualitative Research Methods, Intermediate Statistics, ANOVA, Multivariate Regression, Categorical Data Analysis, Factor Analysis, Structural Equation Modeling, Experience Sampling Method, Data Analytics in Practice, Theories of Lifespan Development, Multilevel Modeling